



Creator of Wu Tao - Michelle Locke

Michelle Locke studied dance at the Victorian College of the Arts and The WA Academy of Performing Arts before joining the West Australian Ballet Co in 1984. Michelle suffered a back injury and was forced into early retirement in 1987, but after leaving the ballet company, embarked on a journey of healing and self-discovery. Looking to find some relief for her back pain, Michelle discovered Shiatsu, a Japanese form of massage. Impressed with the improvement in her back she went on to study it, along with other therapies including massage and oriental medicine. In 1993 on her return to WA, she founded the Shiatsu School of WA.

In 2000, Michelle turned her attention to research and development, bringing together oriental medicine with dance and music. Wu Tao - The Dancing Way was created. Weekly classes in Wu Tao are now held all over Australia, in many metropolitan suburbs and country areas, New Zealand and the United Kingdom. Wu Tao teacher training is currently being offered in the major Australian State Capitals, New Zealand and other major international cities.

(Dip PA Dance, Dip Shiatsu, Dip Shamanic Stud, Dip Mass Thpy, Cert Chinese Herbs)